

Online psychological counseling for foreign students

We offers online psychological consultancy and support to all Pan-European University students who may be experiencing greater levels of academic stress, or performance anxiety due to the Covid-19 pandemic. To sign up for your online session, please use your school e-mail address. To schedule your online session, contact a consultant by e-mail. Counseling are made online, via the MS Teams platform. Further information including the link to join the meeting will be sent to your e-mail address.

Mgr. Silvia MAJERČÁKOVÁ ALBERTOVÁ, PhD. M.A.

Online platform: Ms Teams – video calls **in English**

Consultation hours: upon mutual agreement

Contact: silvia.albertova@paneurouni.com

Services offered: supportive counselling, academic-related coaching, counselling on how to manage stress, overcome self-doubt and improve academic performance

Mgr. et Mgr. Eva KLANDUCHOVÁ

On-line platform: Ms Teams – video calls **in English**

Consultation hours: Mondays 10 a.m. – 6 p.m., or upon mutual agreement

Contact: eva.klanduchova@paneurouni.com

Services offered: supportive counselling, relationship counselling, family counselling, counselling on how to manage stress

PhDr. Mgr. Romana SCHUNOVÁ, PhD.

Online platform: Ms Teams – video calls **in German**

Consultation hours: Tuesdays after 7 p.m., Thursdays after 6 p.m.

Contact: romana.schunova@paneurouni.com

Services offered: supportive counselling, relationship counselling, family counselling, highly sensitive person coping strategies (hypersensitivity), academic performance counselling

Dienstleistungen: Unterstützung & Beratung, Beziehungsprobleme, Familienprobleme, Hochsensitivität, Coaching bei Bewältigung von Studienproblemen

Online coaching

Mgr. Denisa NEWMAN, PhD.

Online platform: MS Teams – video calls **in English**

Consultation hours: upon agreement

Contact: denisa.newman@paneurouni.com

Services offered: individual/group coaching in areas of setting and achieving personal, academic or career goals; career orientation, self-management, developmental coaching focused on exploring one's strengths, coaching in other areas according to student's needs.